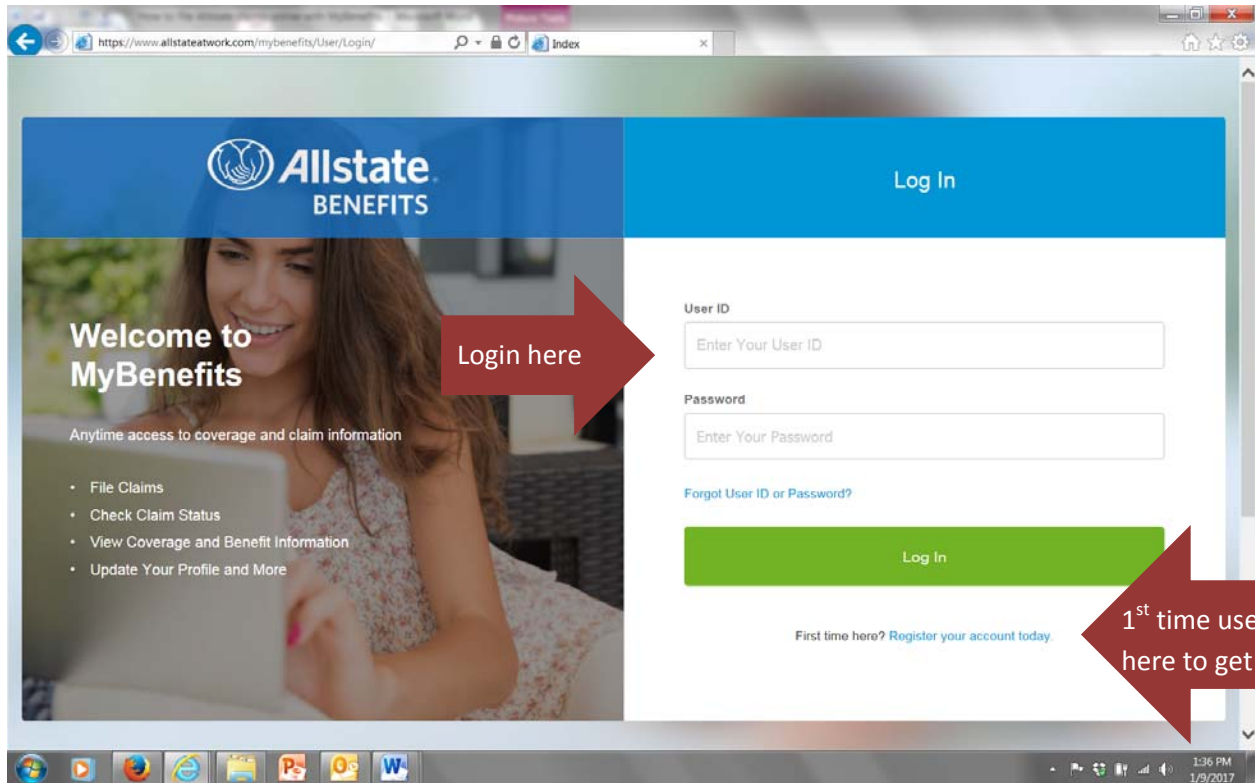
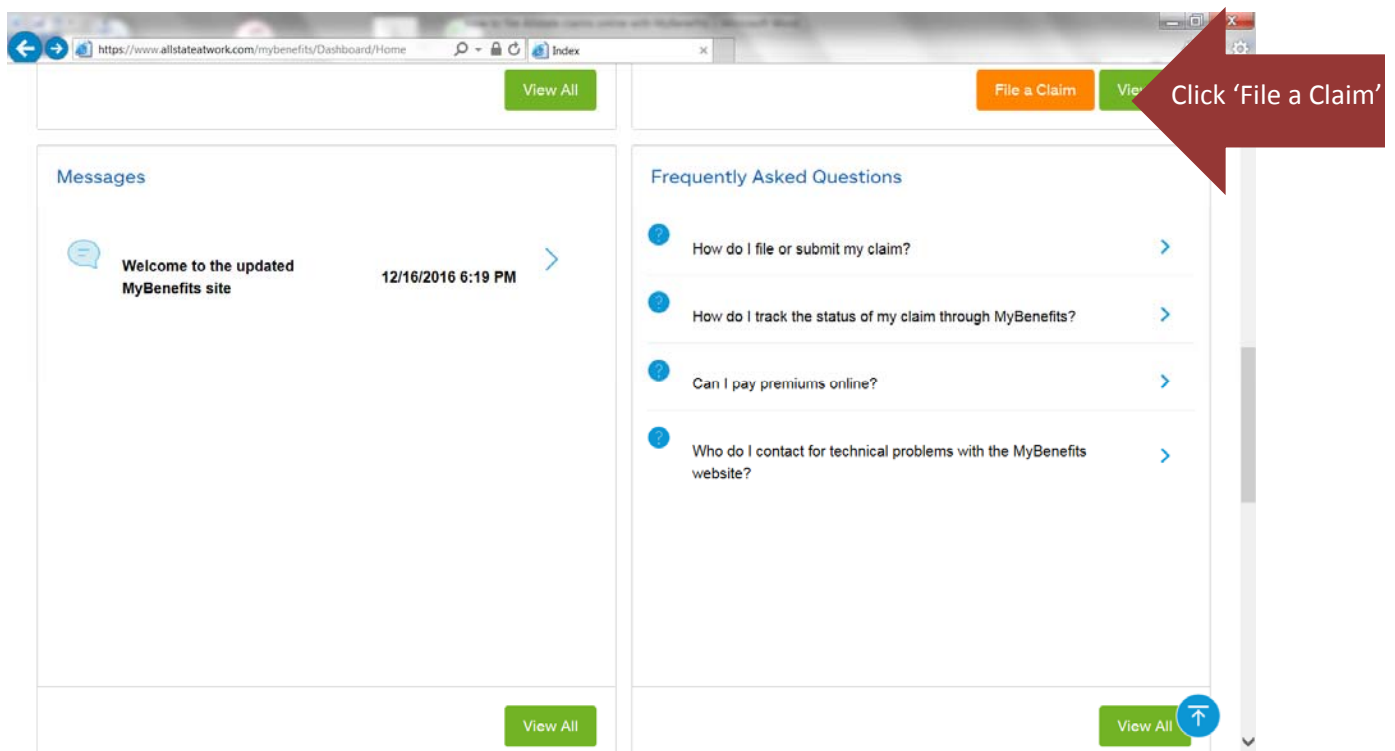


How to file Allstate claims online with MyBenefits.com. Below are the simple steps to file the following claims online with Allstate:

- Accident
- Critical Illness
- Wellness ( for your Critical Illness plan)
- Outpatient Physician Benefits (for an office visit, outside of a hospital, for any doctors visit)

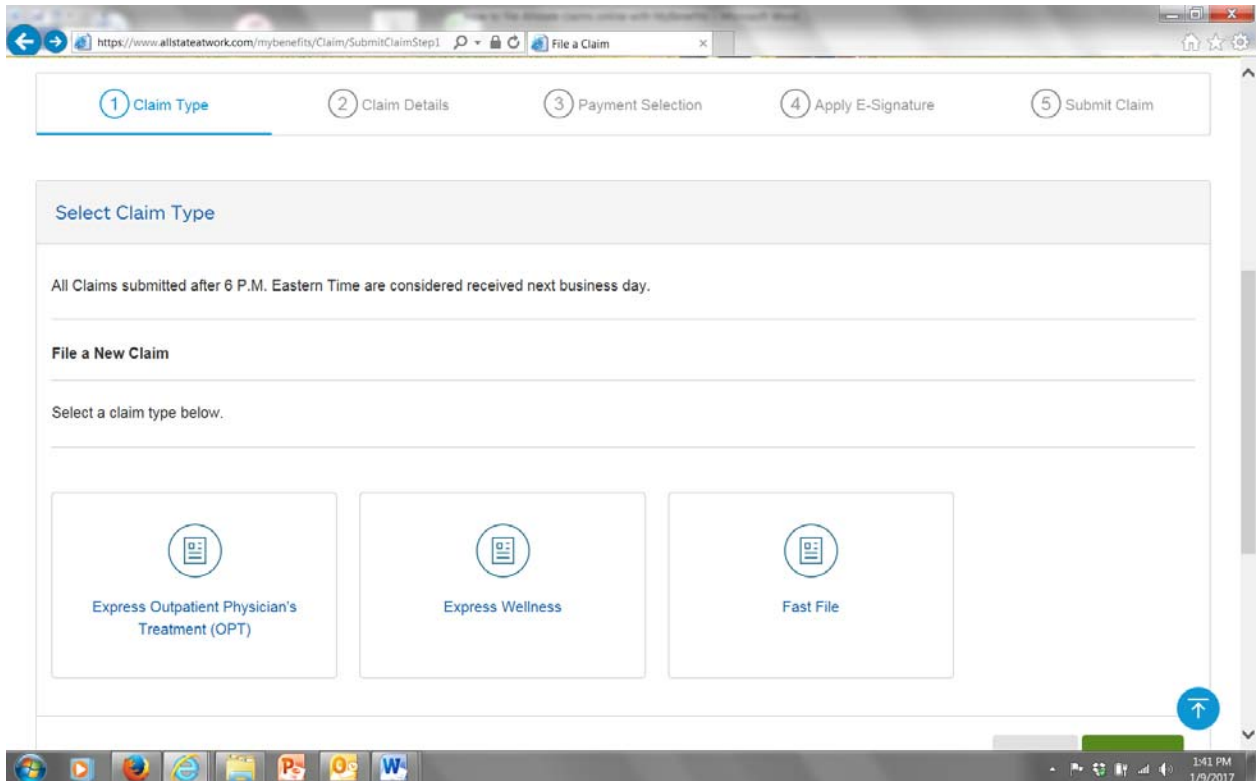


Scroll down to the orange File a Claim button on the right hand side of the screen.



On this page you can choose 1 of 3 options:

1. Express Outpatient Physician's Treatment (OPT)- This is the benefit on your Accident plan that will pay for an office visit, outside of a hospital, for any doctors visit. (i.e. dental exams, eye exams, wellchild visits, physicals etc.)
2. Express Wellness- This is the benefit on your Critical Illness plan that will pay a benefit for having a covered exam/procedure.
3. Fast File- This is where you will file a true Accident and/or Critical Illness claim.



Once you click on the appropriate icon, follow the simple steps to complete and upload documentation on your online claim submission. Should you run into questions along the way, please contact Voluntary Customer Service at: [vbcustomerservice@gsbenefits.com](mailto:vbcustomerservice@gsbenefits.com) or by calling 801-819-7744.